



### Better Choices

*Developing sustainable habits towards eco-friendly and healthy lifestyles*

This learning path helps young people to reflect on the everyday impact their choices and actions have on their immediate surrounding environment. Through this path, young people will develop their own ideas on how their community and its consumption patterns can be designed and adapted to contribute to a more sustainable lifestyle.

OR

### Nature and Biodiversity

*Connecting with nature and protecting it towards sustainability*



Humans and nature are interdependent. Nature and biodiversity is an important learning environment for outdoor skills and discovery of the great outdoors. This learning path enables young people to understand how ecosystems underpin the web of life and also provide nourishment in the form of food, act as water catchment areas, offer homes to a multitude of species, and serve as a balance for carbon removal. Young people will develop their own ideas on how the different demands towards nature can be balanced.

### Healthy Planet

*Preventing and recovering water and land ecosystems from pollution*



Young people thrive towards creating a better world for others and themselves. Understanding how pollution impacts the planet, identifying and challenging practices conducive to increasing pollution, and how to reduce its effects, implementing waste management is one aspect of this learning path. Land ecosystems, lakes, rivers, and oceans provide food and water for all of us, but are heavily impacted by careless pollution, and young people will work with the community, local organizations and partners to reduce, reuse and recycle waste, e.g. single-use plastics.

### Clean Energy

*Exploring and adopting sustainable energy options*



Climate change is one of the most pressing challenges of our time facing society and young people. Climate change is mostly driven by our high demand for energy resources, including by-products from agriculture and forestry to produce energy. This strain puts responsibility on everyone individually to make changes towards a better solution. In this learning path, young people will reflect on their impact on the climate and their use of energy sources. Young people will explore new possibilities for sustainable energy and other practices to mitigate climate change.