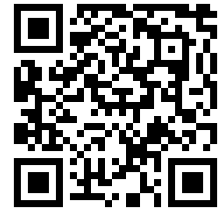




Cub Scout Base



Tangle rope



Equipment

1 long rope tied in a circle.

Method

1. Ask all participants to form a circle and hold onto the rope.
2. Ask participants to walk into the centre of the circle and throw the rope on the ground.
3. Tap each participant on the head one at a time and ask them to reach over to the other side and pick up a piece of rope.
4. Advise they are not allowed to let the rope go.
5. Once everyone has hold of the rope they are to try and untangle themselves. They need to work as a team.

Handcuff game



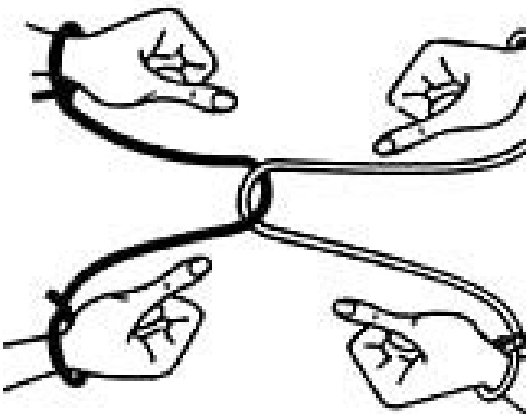
Equipment

Two short ropes – does not matter how long and do not have to be the same size.

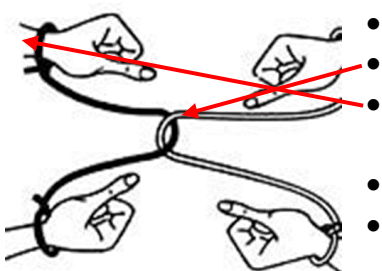
Useful to have two different colours.

Method

- 1. Tie a loop in each end of the rope using a bowline (stops the loop from tightening up).
- Using one rope place the loop over the wrists of one participant.
- Using the second rope, place the loop over one hand and looping through the other persons rope before placing on the other hand.
- **Rules:** they need to get themselves apart. They cannot undo the knots, cannot take the rope off the wrists and somersaults (forward rolls) are allowed. If a Mum or Dad is helping, then Parents have to go first!



The trick to getting it undone.



- Looking at the crossed over rope.
- The white rope is lying on top of the black rope.
- Pick up the white rope at the cross and take to the wrist of the other participant (black rope).
- Lie the rope on the wrist behind the other participants rope.
- Lift the black rope and slide the white rope underneath the black rope and take white rope completely off the wrist.
- Tell the participants to walk away.