

# Holiday Outdoor Experience



## What to bring

This may vary depending on the activities of the day.

During Holiday Adventure programs we ask that children wear comfortable clothing which will enable them to participate in activities. Clothing may get dirty during sport or craft activities, so if you have a child who may possibly need more than one change throughout the day, could you please pack them. Clothing should also comply with sun safety guidelines e.g. no strappy tops.

**Please name all clothing and drink bottles etc.**

**As a minimum we ask that you bring:**

- A change of clothes
  - Hat – broad rim, **no caps please**
  - Sunscreen
  - Water bottle
  - Closed in shoes – **no thongs or sandals** (a spare pair of shoes that can be worn for water activities and swimming in the dam)
  - Shirts with sleeves and collars ie polo shirts
  - Raincoat and warm jacket– depending on weather
  - Water shoes for all water activities – could be sandshoes or old shoes.
  - Medication in original packaging and in a labelled plastic bag with instructions
- In summer – Swimmers, (goggles if they normally use these) and a towel.

**Samford** we will go to the swimming pool each day.

**Mount Cotton** – swimming will be in a dam wearing PFD's. Shoes **must** be worn in the dam so please pack a spare pair every day in case.

If you are supplying your own food, please make sure there is adequate for morning tea, lunch and afternoon tea. **(We suggest you pack afternoon tea separately).** Children are so used to eating everything at school and then coming home to afternoon tea.

If you are ordering food, (Samford only) please provide an empty lunch box as some days we will be away from the building during lunch and will pack lunches and morning tea early.

**Please refer to the Parent Information on the Website.**