

# Holiday Outdoor Experience



## What to bring

This may vary depending on the activities of the day.

During Holiday Adventure programs we ask that children wear comfortable clothing which will enable them to participate in activities. Clothing may get dirty during sport or craft activities, so if you have a child who may possibly need more than one change throughout the day, could you please pack extra. Clothing should also comply with sun safety guidelines e.g. no strappy tops / singlets.

**Please name all clothing and drink bottles etc.**

**As a minimum we ask that you bring:**

- A change of clothes
- Hat – broad rim, **no caps please**
- Sunscreen
- Water bottle
- Closed in shoes – **no thongs, sandals or Crocs**
- 2<sup>nd</sup> pair of water shoes for all water activities – could be water shoes or old shoes.
- Shirts with sleeves and collars ie. polo shirts; fishing shirts and rash vest for water activities
- **Swimming** – Swimmers, (goggles if they normally use these) and a towel.
  - Samford** we may go to the swimming pool each day.
  - Mount Cotton** – swimming will be in a dam wearing PFD's. Shoes **must** be worn in the dam so please pack a spare pair every day in case. No Crocs or gumboots please.

- Raincoat and warm jacket– depending on weather
- Plastic bag for wet clothes – no drying facilities available
- Medication in original packaging and in a labelled plastic bag with instructions

If you are supplying your own food, please make sure there is adequate food for morning tea, lunch and afternoon tea. (**We suggest you label and pack afternoon tea, separately**). Children are so used to eating everything at school and then coming home to afternoon tea.

If you are ordering food, (Samford only) please provide an empty lunch box as some days we will be away from the building during lunch and will pack lunches and morning tea early.

**Please refer to the Parent Information on the Website.**

